

Sai Vibrionics Newsletter

www.vibrionics.org

“Whenever you see a sick person, a dispirited, dishisconsolate or diseased person, there is your field of seva.”
...Sri Sathya Sai Baba

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☞From the Desk of Dr Jit K Aggarwal ☞

Dear Practitioners

24th of April 2017 was the 6th Aradhana Mahotsavam day (prayerful day of remembrance). This day of Swami's Mahasamadhi (leaving His physical body) is deeply touching for all Sai devotees and reminds us to focus inward to find Lord Sai - our very essence. Jesus also taught “the Kingdom of Heaven is within”. The real question here is how does one activate that inner connection and live eternally in the bliss of this Kingdom? The answer comes from none other than the Master Himself, “For the human beings, love and service are like two wings, with the help of which, one should strive to realise the spirit.”...Sathya Sai Speaks 28.34: 21 November 1995. So, let's open the portals of our hearts and unleash that divine love in us and channel it through selfless service. That is the secret to true happiness.

Living In the spirit of our Master's ideals, we have many dedicated practitioners who have been doing exceptional service to vibrionics. In this issue we salute translators of our newsletter and other vibrionics content. Their work is essential for our communication with each other, helping in so many indispensable ways. We deeply appreciate their generous efforts. By way of our grateful acknowledgment, we have included brief reports of their seva experiences.

Last month from 24-27 March, we had the opportunity to conduct a national workshop in Poland. This was truly wonderful because additional practitioners from several neighbouring countries such as Germany, Norway, Romania and Slovenia were also in attendance! They shared some exceptional cases of healing which were so touching that they brought tears of joy to many present! Such evidence of the growth of Sai Vibrionics in Europe through outstanding personal commitment and professional development by vibro volunteers is most encouraging. We hope to share the outcomes of this workshop in some detail in a future newsletter.

Our US practitioners have initiated a research project to increase our understanding in the treatment of a variety of conditions affecting plants and animals. They hope to discover new insights for enhancing our protocols for greater effectiveness in treating a wide variety of maladies in both the plant and animal kingdom.

With the sole motivation of touching as many lives as we can with Swami's healing vibrations, I urge you all to step-up your practice, ever keeping in mind everyone's divine heritage and Sai's loving mission. I also invite all practitioners to apply for the membership of our International Association of Sai Vibrionics Practitioners by logging into our website www.vibrionics.org and filling the online form under Resource Library. I hope you always feel free to contact your country/state coordinator with your questions

and your offer of help if you harbour any interest in contributing to our organizational or administrative tasks. The need is constant and appreciation abundant!

We remain eternally grateful to each and every one of you and above all to Swami for giving us the opportunity to “Love All, Serve All” through vibrionics.

In loving service to Sai
Jit K Aggarwal

Case Histories Using Combos

1. Throat cancer ^{02090...India}

In June 2014, the son of a 90-year-old man approached the practitioner concerning his father's health. On the basis of an MRI scan, the diagnosis was 'advanced stage of throat cancer'. The patient found it extremely difficult to eat and drink. The diagnosis was first made by an ENT surgeon and the patient was referred to a renowned cancer specialist in the state of Kerala. The specialist advised radiation therapy and warned the son about the possible consequences including cardiac arrest and death. In any case, the doctor advised that a feeding tube will be needed within three months for intake of food and water. The patient's son consulted several specialists and they all gave the same opinion. Finally the family decided against the allopathic treatment and visited the practitioner for help with vibro remedies. However, the practitioner encouraged them to take vibrionics along with allopathy but they chose not to take allopathic medicines at their own risk. The treatment began with the following combo:

#1. CC2.1 Cancers - all + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC19.7 Throat chronic...TDS

A review after one month revealed that he had good relief. There was considerable decrease in pain and he did not face much problem with respect to eating and drinking. Overall he felt 20% improvement. However, the practitioner was guided innerly to add the following combo, while continuing #1:

#2. SR522 Pituitary Anterior + SR523 Pituitary Posterior...TDS

There was progressive improvement in the patient's condition. After two years of taking the vibro remedies, the cancer specialist conveyed to the patient's son that the case was a mystery to modern science. There was no sign of cancer! The patient consumed normal food throughout without the need for a feeding tube. Later in July 2016, the patient had an uneventful death as he breathed his last peacefully.

Editor's note: During the course of treatment for cancer, the practitioner gave suitable additional remedies for many acute problems such as fever, cough, fatigue and chest infection, as and when needed.

2. Learning disability ^{02090...India}

On 8 January 2017, a young mother brought her 8-year-old daughter to the practitioner. The child was in 3rd grade and had a history of learning disability. This was apparent from the fact that she had not even learnt the alphabet properly. The practitioner talked to both, the girl and her mother, and prescribed the following remedy:

CC12.2 Child tonic + CC15.5 ADD & Autism + CC17.3 Brain & Memory tonic...TDS

Six weeks into the treatment, the mother was happy to report the recent remarks from the child's teacher. According to her, the girl had learnt the alphabet well in a short span of time and her ability to concentrate on studies had improved considerably. The practitioner has advised the mother to continue the remedy for another year.

Editor's comment: The practice of giving various tonics to children and students has been followed by Kerala practitioners for some years and it has gained popularity owing to the excellent results obtained.

3. Osteonecrosis of ribs ^{10602...India}

A 67 year-old-lady approached the practitioner on 7 September 2016 with complaints of very painful boils with pus in and around the scar from an earlier operation. A leading surgeon concluded that the boils were due to osteonecrosis which usually results from radiotherapy. Eighteen years ago, she had undergone radiotherapy for breast cancer and later major surgery for removal of severely infected ribs. The surgeon

suggested removal of the infected ribs to stop further spread of the infection. The patient was very scared to undergo surgery this time as she had to bear acute pain not only before but also for a fortnight after her previous surgery. The practitioner counseled her to have courage and go ahead with surgery but keep unflinching faith in Swami, the Divine Doctor. She gave her the following remedies:

#1. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

#2. CC2.1 Cancers - all + CC2.2 Cancer pain + CC9.2 Infections acute + CC21.11 Wounds & Abrasions...6TD

On 27 September, she underwent surgery with full faith as advised by the practitioner. The operation took over 5 hours and to the patient's surprise it was painless. The next day the patient spoke to the practitioner from her ICU bed and said she felt no pain either before or after the operation and was very happy. To the surprise of the surgeons, infection had not spread as they had expected and only one top right rib was removed.

After a month, the dosage of **#2** was reduced to **QDS**. After two months, the dosage of **#2** was further reduced to **TDS** but to **BD** for **#1**. After three months, the patient visited the practitioner to express her gratitude. She was advised to continue both remedies **OD** for a month and thereafter reduce to maintenance dosage of **OW**. In a recent follow-up visit the patient was happy and healthy with no complaints and did not feel the need to continue the remedy.

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4. Chronic abdominal pain ^{10602...India}

A 93-year-old woman suffering from chronic abdominal pain for over 40 years came to the practitioner on 7 March 2015. Over this period, she had taken allopathic treatment and undergone various surgeries such as removal of uterus 35 years ago, removal of gallbladder 20 years ago, treatment for pancreas and kidney stones 10 years ago and surgery for hernia five years ago. Despite these treatments, the real cause of abdominal pain could not be found. The practitioner found that apart from her long-standing abdominal pain, the patient had acute stomach pain with burning sensation as well as giddiness for the last two weeks. She had no appetite or energy and had considerable irritation and frustration.

Prayerfully, the practitioner gave the following remedies:

#1. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.7 Vertigo...6TD

#2. CC4.2 Liver & Gallbladder tonic + CC4.3 Appendicitis + CC4.4 Constipation + CC4.5 Ulcers + CC4.6 Diarrhoea + CC4.8 Gastroenteritis + CC4.9 Hernia + CC4.10 Indigestion...6TD

After two weeks, the patient happily reported that the frequency of her stomach pain had reduced by 50% and vertigo was completely gone. She could eat reasonably well and felt energetic. So the dosage of **#1** and **#2** was reduced to **QDS**. After a month, the patient was delighted to report that all her complaints were resolved and she was now 100% fine. The remedies were continued with further reduced dosage of **BD** for a month and then **OD** for another month and stopped thereafter.

On 20 January, 2016, the patient visited the practitioner just to express her happiness and gratitude to her and to Baba for having cured her fully. At the time of writing in April 2017, she is happy with no recurrence of her symptoms.

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5. Diabetes ^{11576...India}

A 78-year-old woman, diagnosed with diabetes in 2009, approached the practitioner on 3 Apr 2016. She had excessive tiredness and needed to rest frequently. Many years of restricted diet and the need to have controlled intake of sugar seemed to have affected her emotionally. Her BP and cholesterol readings were normal and she had no family history of diabetes.

Her fasting blood sugar was 180mg/dl (normal 70-100mg/dl) and postprandial reading was 240mg/dl (normal <140 mg/dl). During the past 7 years, her doctor had prescribed several different allopathic medications. Currently, she was taking Metformin 500mg (and Vitamin B12) with meals twice a day.

Using a pendulum, the practitioner identified that the liver of the patient was not functioning well. So, the patient was given the following combo:

CC4.2 Liver & Gallbladder tonic + CC6.3 Diabetes + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...QDS in water

Regulated diet, exercise and weight control were also a part of her comprehensive treatment plan. She was advised to avoid foods with high glycaemic index (GI) and consume lots of fresh vegetables, wheat grass and freshly cut onions with good periodic daily intake of pure water. She was advised to be in regular touch with her physician regarding monitoring of sugar levels as well as management of allopathic medication with anticipated drop in sugar level.

After ten days there was 20% improvement in the blood sugar readings. After 9 weeks there was 50% improvement, so the dosage was reduced to **TDS**. She began to feel lighter and had much more energy. In 4 months' time both the fasting and postprandial glucose levels were continuously in the normal range, this prompted the dosage to be reduced to **BD**, tapering it down to **OW** by January 2017. Also, her physician reduced Metformin from twice to once daily and stopped this completely towards the end of January 2017.

As of April 2017, the patient is in a good state of mind, free of all symptoms and continues the maintenance dosage of **OW**.

Practitioner's comment:

All lab reports showing steady reduction in blood sugar readings of the patient are available.



6. Hypothyroid ^{11576...India}

On 12 Mar 2016, the practitioner was approached by a 42-year-old lady who was suffering from hypothyroidism for the past 10 years. She was overweight and did not have an energetic profile due to the effect of reduced thyroid hormone. Though her heart rate and cholesterol levels were normal, she complained of feeling tired, sluggish, depressed, restless and irritable. She had difficulty with sleeping. She always felt abnormally cold. She was taking 75mg of Thyroxin daily as part of her allopathic regimen.

The patient was given the following remedy:

CC6.2 Hypothyroid + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...QDS in water

During her first visit, she specifically pointed out to the practitioner that she felt very happy after being given the first dose. One month later, all thyroid hormone readings FT3, FT4 and TSH came down. Three months later in June 2016, blood test results showed her thyroid function to be perfectly normal. So her physician reduced the thyroxin to 25mg. The practitioner also started tapering down the dosage, bringing it to **OD** by August and to **OW** by October. In Sep 2016, thyroxin was discontinued by her physician. As of April 2017, she continues the vibro remedy at **OW** and her thyroid levels are stable. Her body weight has also decreased by 10kg.

Practitioner's comment:

I am delighted to add that this lady remarried in October 2016 and now relocated to another town.



7. Wound caused by injury ^{03536...Italy}

A 53-year-old lady, a restoration artist, was afflicted with a wound at the tip of her right index finger caused by a splinter of wood or a nail. The size of the wound was about 8 mm. Due to its location, the nature of the patient's work and cold weather, the wound had remained unhealed since its occurrence a month ago. At the time of consultation, on 25 January 2017, the wound appeared like a fissure, it was slightly bleeding, inflamed and painful. She had not sought any other treatment for this.

The practitioner prepared the following combo:

CC21.5 Dry Sores + CC21.11 Wounds & Abrasions in alcohol and dropped it directly on the open wound. Almost immediately within a few minutes, to their astonishment, they noticed the inflamed red portion around the wound turning lighter and the skin resumed its normal colour. The wound also started closing and looked healthy. Along with the physical changes, the pain had completely disappeared and it never recurred. Seemingly there was 100% improvement within a few minutes. However, as a precautionary measure and to take care of any unhealed aspect of the wound, the practitioner again applied the above combo in alcohol five hours later.

In two days, the dead skin had fallen off naturally. The patient was unable to comprehend what she witnessed. She commented that what had happened was truly extraordinary and would not be explained by science. On the other hand, for the practitioner, it was yet another confirmation of the greatness and

the mysterious way in which Divine Love functions. Since this experience, the patient takes only vibrionics treatment for all her health issues.

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8. Leishmaniosis Canine ^{02584...Italy}

The practitioner was asked by a hunter to treat four of his hunting dogs, aged between 7 and 8 years, who were all very seriously ill with Leishmaniosis Canine, a potentially fatal illness transmitted by mosquito-like flies which carry the parasite. Two have been suffering for more than one year and the other two for the past few months. The symptoms were loss of weight, total loss of hair and no growth of nails. The vet recommended that the dogs should be put down since he was unable to provide any kind of treatment for them.

On 30 November 2005, the practitioner prescribed the following combo:

#1. NM2 Blood + NM86 Immunity + NM116 Malaria Extra Strength + OM28 Immune System + SM26 Immunity...OD

The owner was advised to give the remedy to the dogs for three weeks, then stop for the next three weeks and repeat this alternating process three times. However, within 3-4 weeks, all four dogs recovered completely but the practitioner had gone away on vacation for four months! On her return, it was reported by the hunter that the dogs had lost their hair and appeared weak. On 4 May 2006, the practitioner prescribed a second combo given below to be added to the dogs' drinking water:

For hair loss and weakness:

#2. SR256 Ferrum Phos + SR361 Acetic Acid

In just 3 weeks, the dogs regained their strength and their hair had started to grow. As Leishmaniosis Canine was prevalent in the Island of the hunter's residence, the practitioner continued to give **#1...OD** as prophylactic every year during the spring. The dogs did very well and no further episodes of Leishmaniosis Canine were reported. Their owner was very happy and grateful.

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9. Chronic acidity & wheat allergy ^{10001...India}

During September 2015, a 28-year-old lady visited the practitioner complaining of severe acidity which she had for the past 8 years. This resulted in a severe headache lasting several hours almost daily and the patient got relief only after taking allopathic pain killer (Crocin). This was very stressful for the patient and resulted in low self-esteem. The patient stopped taking the painkiller and opted for the vibrionics remedy as follows:

For acidity and headache:

#1. CC4.10 Indigestion + CC11.3 Headaches + CC12.1 Adult tonic...6TD

During periods of high stress:

#2. CC10.1 Emergencies + CC15.1 Mental & Emotional tonic...single dose when needed

The patient experienced instant results and happily reported 80% relief from headache after the first week. She took remedy **#2** a couple of times during the week and felt more relaxed and stress-free. After a month, the dosage of **#1** was reduced to **TDS** and then tapered down to **OW** before stopping after another month. The patient decided to discontinue **#2** as well since she did not feel the need for it.

During February 2016, the patient revealed that for the past 3 years she had been allergic to chapattis made from wheat flour. After eating them, she would immediately get stomach ache. The practitioner made a remedy from **wheat flour by potentising it at 200C** and prescribed it **TDS**. Within a month, the patient reported 100% relief from stomach ache and started relishing chapattis again. The dosage was tapered down to **OW** before stopping the remedy in July 2016 after a period of three months. At the last follow-up in December 16, the patient was completely free of all symptoms namely, acidity, headache and stomach ache and she did not need to take any remedy.

Editor's comments:

The acidity and headache could have been due to wheat allergy. If she was treated for allergy first, it is likely that other symptoms would have disappeared without requiring any further treatment. It is important to encourage the patient to recollect and share **all** the symptoms during a consultation.

10. Exam anxiety disorder ^{02899...UK}

A 15-year-old boy was brought to the practitioner by his mother on 27 March 2016. He was studying for GCSE final examinations and was getting extremely stressed and anxious and this resulted in panic attacks. This exam was a crucial stepping stone in his career. The young student, generally not prone to stress, was so affected that he even suffered from occasional nose bleed. He did not seek any other medical treatment.

Additionally, all his life he had suffered from sore throat and cold during winter and took non-prescription medications. These provided only temporary relief as the problem kept recurring from time to time. His mother had mentioned that he was an emotional and a sensitive boy.

He was given:

CC10.1 Emergencies + CC12.2 Child tonic + CC15.1 Mental & Emotional tonic + CC19.7 Throat chronic...in water every 10 minutes for one hour, then 6TD

After 6 weeks, the mother reported that her son was well and that the remedy had helped him tremendously by calming him down in time for the start of his exams. On days when she forgot to prepare the remedy in water, her son would make it himself as he had experienced the benefits of taking the remedy. He took his exams in May and June, and the results were out in August. On 27 September, the mother telephoned to report that her son had continued to take the remedy throughout the period, until the last day of the exams. The patient took over the telephone conversation. He sounded very excited and reported that the remedy had really helped him to achieve excellent results to the delight of his parents, friends and family. As of 27 March 2017, he has not had any anxiety, stress, panic attacks, or bleeding nose since July 2016 and has also been free of cold and sore throat since then. He is currently very happy with his ongoing studies.

Patient's testimonial:

Prior to my final exams, I felt I could not cope with the pressure. I had high expectations of myself but the stress was weighing my self-esteem down. My mum then approached the practitioner who prescribed vibrionics for me. Before starting a revision session, I would prepare the water mix and immediately after drinking it, I would feel a sense of relief from any tension in my body. I would take a sip of the drink every 10 minutes for an hour, stop for 2 hours and then repeat this cycle. Before I tried this drink, I was physically and mentally not coping with the stress of exams. Within 2 weeks of this treatment, I felt the positive effects in my body - I was able to work longer without stress and I was looking at problems in a different way. In the end I achieved top results and my secret was this water mix. I would especially like to thank the practitioner for giving me the opportunity to experience this drink and the positive effects it had on me and my mind.

∞ Practitioner Profiles ∞



Practitioner ^{02090...India}, after retiring from government service in 2001, longed to immerse himself in personal sadhana. Being an ardent devotee of Swami, he made frequent visits to Prashanti Nilayam. During one such visit, when he went to attend the usual study circle, he found that instead, a 3-day lecture series on vibrionics was being conducted by Dr JK Aggarwal. He was immediately drawn to this amazing form of alternative medicine because he was already involved in organizing medical camps in Kerala. With an earnest desire to learn the system, he approached Dr Aggarwal. After a tough interview he, together with 12 other serious candidates from around the world, got enrolled into the training program in the use of the SRHVP.



Prior to being certified in vibrionics, the practitioner had received training in other forms of alternative healing such as reiki, magnetic therapy, naturopathy, herbal remedies and had obtained an MD in alternative medicine. After practicing vibrionics for a few months, it dawned upon him that there can be no better form of therapy than the one personally blessed by the Lord Himself. He felt that Lord's will might be for him to serve through vibrionics rather than perform personal sadhana in solitude. During his next visit to the ashram, Swami accepted with a smile, his letter seeking His blessings to proceed with full-time vibrionics seva. From that moment

onwards, the practitioner engaged himself wholeheartedly in this seva, and was equally rewarded by the Lord with an abundance of patients.

As the practitioner was inundated with patients and he had to make the same combo for many different patients, it was time-consuming using the SRHVP. So, out of necessity, he came up with the novel idea to make remedies for common ailments in 10ml plastic dropper bottles. Since he was treating a variety of commonly-encountered problems, very soon, the number of these bottles increased. So his carpenter made the first common combos box (see pic), double the size of today's 108CC box!

In 2008, driven by a strong inner urge to spread Swami's healing vibrations to other parts of Kerala, the practitioner approached the state medical trust convenor who was in-charge of the Sai Hospital in Kerala. After some initial resistance he got the approval for holding vibrionics monthly camps in the hospital - a significant milestone for vibrionics!

In 2010 he organised the launch of first AVP workshop in Kerala followed by other training workshops. As a result, Kerala now has a dedicated team of over 100 practitioners who stay inspired by their highly positive results. From time to time he does feel the challenge of some vibro practitioners going for paid training programs in other forms of alternative healing. He feels this instability is due to lack of personal sadhana in their daily life. He conducts free classes on yoga and on the role of spirituality in health care for patients and practitioners alike,

Under this practitioner's leadership, Kerala's vibrionics team has chalked out many special programs in the field of preventive and therapeutic healing. For example, they created a special package of vibro remedies for various sections of Endosulfan victims in the Kasaragod district. Fired up to do much more for vibrionics, the practitioner launched 3 vibro centres, open daily. He also held the position of the editor for the monthly Kerala vibrionics newsletter for 3 years.

The practitioner has treated myriad patients for all kinds of diseases including infertility, alcohol addiction, thyroid problems, fibroids, cysts, PCOD, leucorrhoea, menses problems, dandruff, alopecia, migraines, prostate problems, psychiatric disorders, piles, allergy, asthma, sinusitis, frozen shoulder, arthritis, sunburn, and cancer. He has also done a lot of experiments with plants. He found that administering **CC1.2 Plant tonic** during early growth stage of plants is the most beneficial for them. If the same remedy is applied to the young seedlings (one or two weeks old) the results are splendid.

In spite of physical disabilities associated with old age, the practitioner continues to enthusiastically spread Swami's healing vibrations to the needy in distant parts of Kerala, while still serving as an active office bearer within the Sai Organization. He has inspired the younger practitioners including his family to take on leading roles in vibrionics. We salute this practitioner's dedication to the vibrionics mission and pray that his story of extraordinary service is a powerful inspiration to all practitioners!

Cases to share :

- [Throat cancer](#)
- [Learning disability](#)



Practitioner ^{10602 ...India} retired from her teaching job in 2009. She came to Swami's fold in 1995 and immediately involved herself with great zeal in all spheres of Sai service, viz, Bal Vikas, bhajan singing, teaching Vedic chanting and Jyoti (light) meditation. She is an active member of seva dal and a Vidya Vahini volunteer. She was the only one to be selected from Maharashtra in 2012 to study for a diploma in Human Values in Education and received a gold medal.



Right from her childhood, she had a passion to serve. As a ten year old girl, she worked as a compounder to her father who was a Siddha-Ayurvedic-Unani doctor. In 2008, as an adult, she was given vibrionics remedy for severe cold and cough and she fully recovered in just two days. Impressed with this personal experience, she soon enrolled herself for the vibrionics course. With a keen desire to become an instrument of Swami to help alleviate the suffering of many ailing people around her, she completed the course in 2009 in Mumbai. During the next 5 years, she actively participated in vibrionics health camps conducted thrice a week.

After she shifted her residence to Chennai in 2014, she has been treating patients at home and the numbers have gradually grown. People approach her when they see others around them improving with vibrionics remedies. While participating in regular Sai seva programs, she uses her free time between activities to

create awareness about vibrionics among devotees. Along with other practitioners, she is holding fortnightly camps in a nearby crowded locality.

The practitioner glows with happiness when sharing how Swami has given her a golden opportunity to serve through vibrionics. It gives her great satisfaction to have the ability to give remedies blessed by Swami when people come and share their problems with her. She experiences unparalleled joy to see patients recover so fast.

She has treated many acute and chronic cases successfully. For example, a 62-year-old man having cirrhosis of the liver was on allopathic treatment but without any relief. The following combo was given and he recovered in just 3 months of taking only the vibro remedy:

CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic + CC4.10 Indigestion + CC4.11 Liver & Spleen + CC9.2 Infections acute + CC12.1 Adult tonic + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic

In another case, a 68-year-old woman with acute pain in bone and muscles for 7 years and without any relief from allopathy got 100% better in 8 weeks with these:

#1. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic

#2. CC3.7 Circulation + CC18.5 Neuralgia + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue

She frequently uses with great success the following remedies also made from 108 Common Combos:

1. **CC12.1 Adult tonic + CC15.2 Psychiatric disorders + CC17.3 Brain & Memory tonic** has done wonders for her patients suffering from depression, anxiety or frustration.
2. **CC4.2 Liver & Gallbladder tonic** when added to skin remedies produced faster results.
3. **CC19.6 Cough chronic + CC19.7 Throat chronic** has helped many lead singers around her in keeping their throat clear and free from hoarseness.

Her practice has helped her in many ways. With passage of time she has become more compassionate towards her patients. She feels Swami sends her patients with problems of varied nature to test her ability to connect with patients and to understand their issues. Her intuitive faculties have enhanced over time and she always prays for guidance before prescribing. The ongoing vibrionics journey has been one of learning and experiencing the love of Sai at every step with an electrifying effect of feeling Sai closer to her with every passing day.

Cases to share :

- [Osteonecrosis of ribs](#)
- [Chronic abdominal pain](#)

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Practitioner ^{11576...India} has served mankind in many capacities; he was a member of the Naval Aviation



Cadre of the Indian Armed Services including the Strategic Forces. After retiring from his impressive and decorated military career, he continued his education in several respected universities, both in USA and India. Feeling concern for the needy, he chose to engage in social service and committed to uplifting the underprivileged. He recently completed in New York a fellowship in Corporate Social Responsibility, investigating and promoting humanitarian, socially relevant projects for the corporate sector around the world. He became involved in altruistic projects, visiting local villages with many alternative modes of treatment under his belt: Sai Sanjeevini, naturopathy, reiki, pranic and theta healing, NLP, reconnection, acupressure, Sujok, hypnotherapy and sound therapy. In 2015 he chose to study Sai Vibrionics in Puttaparthi and qualified as an AVP in November and was soon promoted to VP in May 2016.

He feels blessed to have conducted and participated in once-a-month health camps with other Kerala practitioners over the past one year. Monthly vibrionics meetings held in Kochi give him the opportunity to learn and share his experiences. The practitioner travels widely for his work and always carries a vibrionics wellness kit with him to serve whenever and wherever the need arises. He has many patients who live far away and he is happy to prepare and mail remedies to them. He recommends that **all** his patients take remedies in water as the preferred carrier for the vibrations. He rejoices to witness the encouraging results from treating plants and animals with the vibrionics system.

The practitioner has successfully treated many cases of mental problems. For those afflicted with psychological malaise or any form of anxiety or stress, he has found **CC15.2 Psychiatric disorders** to be unfailing, giving immediate and excellent results. He quotes the case of a 23-year-old engineering graduate suffering from panic attacks, severe depression, low self-esteem and gloominess for the past 3 years. He was especially prone to all sorts of accidents. The young man had refused any kind of psychiatric help but agreed to take vibrionics treatment. On 5 August 2016, the practitioner prescribed:

CC12.1 Adult tonic + CC15.2 Psychiatric disorders + CC17.2 Cleansing + CC17.3 Brain & Memory tonic...QDS in water.

After three days, the father observed 25% improvement in his attitude and within a week, it was apparent that the boy had regained zeal for life and he started attending job interviews. The dosage was reduced to OD after 3 weeks and then to OW after another 7 weeks before discontinuing after a month. As of April 2017, the young man is doing very well. Having secured a good job, he is enjoying life in Canada.

The practitioner encourages introspection for discovering and tapping the inner healing powers within each one of us, stressing the spiritual nature of all healing. He stresses the importance of discipline in taking the prescribed dosage and reminds his patients to take the remedies with prayer and faith.

Striving to 'Love All, Serve All', the practice of vibrionics stimulates in him wonderful feelings of divinity. This is the main reason why he stopped practicing all other therapies soon after he got immersed in Sai vibrionics. He is happy to discover that with this seva, his mind is being gradually dissolved, so that more and more, whatever he discerns - event, person, place or thing, engenders in him neither judgement nor bias. He considers this to be his prime goal in life, attaining true equanimity in all circumstances, and so he feels vibrionics seva to be a truly helpful form of sadhana in reaching this goal.

Cases to share :

- [Diabetes](#)
- [Hypothyroid](#)

❧ Answer Corner ❧

1. Question: My patient told me that only holding the bottle in her breast pocket seemed to give her good relief for her particular symptom. Are there any other reports on this matter?

Answer: Yes, some patients have reported that keeping the bottle close to the body gave them almost the same relief as taking the remedy orally. This happens in the case of a patient who is very sensitive to these subtle vibrations and hence can absorb these energies merely by being close to them. This effect depends entirely on the individual recipient.

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*2. Question: My patient has been suffering from empyema for many years. I prescribed the combo **CC15.1 Mental & Emotional tonic + CC19.5 Sinusitis** which did not seem to have helped. What is your suggestion?*

Answer: Empyema is accumulation of infected fluid in a cavity, usually lungs. We recommend you give **CC19.3 Chest infection chronic + CC19.6 Cough chronic** and **CC15.1 Mental & Emotional tonic** can be added if required. As this is a chronic disease, it can take a long time to cure. Also, suitable changes in lifestyle, especially diet and eating less at night time are vital.

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3. Question: I had kept several remedy bottles along with my 108CC box in a tin, thinking that such tins commonly available in the market are made of aluminium. I recently discovered that these tins do attract magnets. Is there any guideline that we must not keep remedies inside or close to a metal container?

Answer: Generally, we don't expect the remedies inside plastic bottles to be affected by a metal box. In the same way, we expect the combo kit to be OK when it is kept inside such a metal box. Of course, we can't keep the remedy pills directly in a metal box. However, it will be wise to keep your SRHVP away from such metal boxes.

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4. Question: Can vibrations in a moving car/train affect the remedies? Similarly, will plane journey alter a vibro remedy?

Answer: Mechanical vibrations in a moving car/train/plane should not affect a vibro remedy. However, electromagnetic radiation coming into an aeroplane is a completely different story since radiation can neutralise the healing vibrations in the remedies. A good amount of protection is built in the remedies since

anti-radiation remedies have been added to each of the 108CC bottles. Some practitioners prefer to protect the remedies and their 108CC box by carefully wrapping them in good quality aluminium foil. However, be careful not to re-use the foil as this may introduce tiny breaks.

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5. Question: Is there any advice for practitioners to keep them motivated to continue their vibrionics seva?

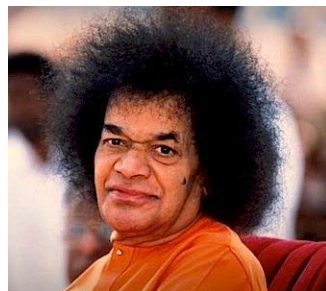
Answer: Regardless of any obstacles and difficulties, the sense of personal spiritual growth through seva or any other spiritual practice is a motivating force in itself. Generally, doing vibrionics seva provides the really serious and devoted practitioners with enough energy to keep going. However, there are circumstances which make the practitioners feel disheartened.

We know that new practitioners sometimes feel isolated and this dampens their enthusiasm. So, we have taken a number of steps to address this issue. Under the latest mentoring program, a new practitioner is assigned a mentor who provides one-on-one support. Older practitioners who don't feel so confident are welcome to enrol in this program too. Our emphasis on local practitioners' meetings and conference calls not only helps to keep in touch with others but also clears participants' doubts. Write to healerInfo@vibrionics.org for contact details of other practitioners in your area with a view to interact with them on a regular basis. Practitioners from USA and Canada may write direct to their coordinator at healerInfo@us.vibrionics.org.

When practitioners do not see results as per their expectations or they start treating complex cases for which they lack confidence (sometimes due to lack of knowledge) the team at comboQueries@vibrionics.org is always ready to provide useful advice.

We often hear that some practitioners simply do not have enough patients. In such situations we suggest they treat plants and animals. Giving telephone/skype consultation and mailing remedies can help in bringing more patients.

Above all, for us to stay focussed on vibro seva, it is essential to keep up other personal spiritual practices, such as meditation, japa, bhajan, chanting, attending satsang and study circle and reading of spiritual literature.



☪ Divine Words from the Master Healer ☪

“Convince yourselves that life cannot continue long without others serving you and your serving others. Master-servant, ruler-ruled, guru-disciple, employer-employee, parents-children, all these are bound by mutual service. Every one is a sevak. The farmer and labourer whom you serve produce by their toil your food and clothing as their service to you. Remember that the body, with its senses-mind-brain complex has been awarded to you to be used for helping the helpless. Seva is the highest of paths of devotion which wins the Grace of God.”

...Sathya Sai Baba, “Equipment for Service” Discourse, 21 November 1986
<http://www.ssbpt.info/ssspeaks/volume19/sss19-25.pdf>

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“A large part of the water we drink is expelled as urine. A minute part of the water consumed becomes the life force. Therefore the nature of the food and water that we take in decides our character. Only by controlling the quality of our food and water can we attain Divinity. This is why food is said to be God. Hence, to waste food is to waste God. Do not waste food. Eat only what you need, and be sure that what you eat is satvic. Give away any surplus food to those in need.”

...Sathya Sai Baba, “Teachings of Bhagawan Sri Sathya Sai Baba – volume 1”
<https://www.sathyasai.org/publications/TeachingsOfBSSSB-Vol01.html>

☞Announcements☞

- ❖ **France Dordogne:** Refresher Seminar & AVP workshop 3-4 June 2017, contact Danielle at trainer1@fr.vibrionics.org
- ❖ **India Puttapparthi:** AVP Workshop 10-14 July 2017, contact Lalitha at elay54@yahoo.com
- ❖ **India Puttapparthi:** AVP Workshop 18-22 November 2017, contact Lalitha at elay54@yahoo.com
- ❖ **India Puttapparthi:** SVP Workshop 24-28 November 2017, contact Hem at 99sairam@vibrionics.org

☞In Addition☞

1. Health tips

Water and Health Part-3 - Pure energized water, the natural way!

We have already seen¹ that our bodies are predominantly water, which has great memory. We should have an adequate daily intake of water to be drunk slowly, peacefully and lovingly to keep ourselves hydrated, energetic, and free from disease. Therefore our drinking water should be potable to safeguard our vital life energy.

Diminishing global water supply! An estimated one-fifth of the world's population lives in areas with an insufficient water supply and about one-quarter faces clean water shortages². Even if there is water, it may not be drinkable or in the proximity of the needy³. Distilled water is devoid of minerals and drinking it is not advisable as it is injurious to health⁴. Bottled mineral or purified water may give us pure water free of physical contaminants but it may lack the vital life force and may not even quench our thirst. Let us look at some of the simple ways of obtaining and storing clean water and also how to energize our water and in turn ourselves!

1. Potential of metals as purifiers

Storing water in copper and silver vessels finds mention in the ancient texts of Ayurveda for purification⁵. Intense research has taken place with copper and silver in this regard and much information is now available on their practical use for food and hygiene, disinfecting water and air, wound healing and surface sanitation³.

2. Water from copper vessels - some studies⁵⁻⁷

Research done by US National Institute of Health has revealed that copper pot had the effect of purifying the microbial contaminated water. Recently, US Environmental Agency registered copper as the only solid surface material to kill bacteria that may pose a threat to human health. It was found that copper content in water stored in copper pots was well within the permissible limit of 2 mg/litre set by the World Health Organization (WHO). According to studies by WHO, a guiding factor is that at levels above 2.5 mg/litre, copper would impart an undesirable bitter taste to water; at higher levels, the colour of water would also be impacted.

3. Water from copper vessels - an Elixir!8-13

According to traditional wisdom, water kept in a copper vessel for at least four hours but preferably overnight, would acquire a certain quality which is very good for health and energy in general and for liver in particular. Copper ionizes, energises and balances the pH (acidity level) of water making it alive. This water is a natural anti-oxidant and gets easily absorbed by our cells and enhances our hydration.

One or two glasses of this water on an empty stomach in the morning would have a detoxifying effect.

Ayurveda states that this water has the ability to balance all three doshas - Vata, Pitta, and Kapha, the fundamental bodily elements. It not only kills harmful bacteria and gives relief from gastro intestinal disorders, but also reduces inflammation in stomach, takes care of ulcers, respiratory disorders and arthritis, tones the heart as well as muscles and tissues.

4. Drink water with wisdom from copper vessels^{6,12,13}

Within the overall daily intake, it would be enough to drink this water once early in the morning and once in the evening to get the requisite amount of copper needed for the body (about 1.2 mg per day). We should continue to drink this water for three months and then stop drinking it for a month to remove any possible excess copper deposited in the body. This cycle can continue lifelong for deriving the best health benefits.

Ayurveda does not advocate drinking water (or eating food) in a standing posture. It is recommended that drinking water should always be lukewarm. If you drink cold water, Itwill need to be heated to body

temperature and this requires greater supply of blood to the digestive system. So the blood supply to brain and heart will be reduced which is detrimental to health.

5. Water from silver vessels^{12,14-16}

A study done on intestinal bacterial pathogens, to observe the effect of water stored in silver containers revealed the distinct potential of silver containers to disinfect water. According to experts, no microorganism ever tested has been able to stay alive for more than six minutes when exposed directly to colloidal silver. NASA has adopted the Russian method of purifying water by using ionized silver which is not only easier but also more efficient and effective.

According to Ayurveda, water taken in silver vessels cools the body, controls pitta dosha and strengthens the immune system and can be taken daily.

6. Water from brass vessels¹⁷⁻¹⁸

Some experiments done by microbiologists from UK show that water stored in brass vessels prevents water-borne diseases, as bacteria is less likely to thrive in such pots. As brass is an alloy of copper (70%) and zinc (30%), water gets purified by copper ions. Widely prevalent water-borne diseases could be avoided in developing countries if people could switch to the traditional wisdom of using brass vessels for storing drinking water.

7. Gentle cleaning of metal vessels¹⁹⁻²⁰

Copper, brass and silver vessels should be cleaned every day, gently by simply rubbing lemon or its juice with or without salt or tamarind paste. After half a minute wash with clean water. Coarse scrub should not be used on these vessels. There are other methods one can explore.

8. Water from clay (mud) pots^{12,13,15,21-22}

Drinking cool water from clean clay pots has a refreshing earthy flavour in addition to the health benefits it offers. It is more suitable for hot summers. Clay pots not only cool the water due to evaporation and bring it closer to the body temperature in extreme heat, they also provide natural healing with the elements of earth. This is a unique natural quality these porous pots have which no other container can provide. Natural clay, being alkaline in nature, interacts with the acidity of water and provides the proper pH balance. Thus, this water helps curb acidity and gives relief from gastric problems. This water, unlike fridge water, is gentle on throat. It may be warmed up especially before drinking on empty stomach, early in the morning. Clay pots are affordable and the only maintenance is to keep the pot clean by gently washing it with a brush without soap, once in two days. If mud pots are not available, it is better to use stainless steel (rather than plastic) containers.

9. Water exposed to sunlight^{13,23-26}

Exposure to sun improves the quality of water. According to some experiments, water kept in cobalt blue glass bottles and exposed to direct sunlight for 20 minutes or in artificial light for one hour would eliminate any bacteria or virus. It can then be shaken well to energize it. It should be closed with a non-metallic cap to protect it from dust and other particles. One can explore and experiment by creating solar charged water using glass bottles as guided in the referred links.

10. Restoring tap water^{8,27}

By and large tap water goes through treatment and purification before it is distributed to our homes and it contains natural minerals. But it absorbs much negativity and its molecular structure gets disturbed as it travels to our houses through many bends and turns in lead or plastic pipes. In tropical countries like India, it may also gather harmful bacteria. While water has memory to retain the imprint of the impurities, it also has a way of unfolding itself back into its original state. If we just leave this tap water undisturbed for an hour, the negativity will undo itself. Keeping water in an open jug for 24 hours (or boil for 20 mins) helps the dissolved chlorine to escape and also water becomes more palatable. Tap water can be either boiled and cooled or purified by use of filters and suitably stored.

11. Shape of vessels also matters^{12,28}

Ideal shape of the vessel for drinking water would be the traditional spherical or elliptical, as its surface tension is less. Also, such shapes create their own vortex, supporting continual energetic movement inside and therefore water or other liquid stored in them would retain its life force.

12. Structured Water is awesome!^{26,28-30}

Stagnant water can deteriorate and pick up undesirable energies. Naturally flowing spiralling water has well developed layers and is called structured water. Studies have shown that water from the Ganges is naturally structured and carries the signature of structured water found in cells.

Ways to energise and structure water. One can find several methods from simple to complex ones on various sites to structure water. Vibrionics Manual for Senior Vibrionics Practitioners gives a method to structure water in its Appendix A5. In one of the studies, it has emerged that stirring water with a spoon increased the energy of water better than the structuring devices. One can stir water, both clockwise and anticlockwise, for a few minutes to create a vortex. What is important is mindfully 'connecting' to water and not the speed of stirring. One can further energise it by stirring it in a figure of "8", or the infinity symbol ∞ which is a geometric representation of the endless and eternal nature of energy. This process will cleanse the water of any undesirable memories of pollutants/energies it may carry, and sensitise it to receive only beneficial energy from the infinite cosmos.

Further, it has been found that energizing water through sound at 432Hz had the highest effect and proved to be the best way to structure water. This study says that if sound has such a profound effect on increasing the energy of water, healing sounds would have an equally profound effect on humans who are predominantly water³⁰.

13. Use of vibrionics to purify and energise water

In order to remove impurities including poisonous chemicals, trauma and negative energies from water, following vibrionics remedies may be used:

CC10.1 Emergencies, CC15.1 Mental & Emotional tonic or CC17.2 Cleansing if using 108CC box

NM6 Calming, NM25 Shock, SM1 Removal of Entities, SM14 Chemical Poison or SM16 Cleansing if using SRHVP

To energise water to build immunity we can use:

CC12.1 Adult tonic from 108CC box or SM2 Divine Protection, NM86 Immunity, or SM26 Immunity when using SRHVP

Note: Only non-metallic containers should be used for all vibrionics remedies.

14. Energising water the Sai way - Love and Chants!

We can purify and structure not only the water outside of us but also within our cells by staying quiet and prayerful for some time and consciously connecting with the Creator and His creation. We can also consciously impart healing sounds to water wherever we are through chanting or by being in a space resounding with healing vibrations. The water inside our cells is absolutely critical for our health and needs to be revered and maintained with all the love at our disposal; this will spread loving vibrations around us.

Sri Sathya Sai Baba has provided pure drinking water to WHO standards to millions of people in Southern India at their door step with great love. Establishing water purification plants to provide clean water to hundreds of villages is being continued under the guiding principle "Love all Serve all". In these villages the problems of joint and body pains have virtually disappeared and common cold and other ailments have greatly reduced. The project is being gradually extended to cover the entire country².

References and Links

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4. http://www.mercola.com/article/water/distilled_water.htm
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16. <http://www.space.news/2016-06-06-nasa-open-to-using-silver-treated-water-in-space-despite-fda-opposition.html>
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25. <https://hubpages.com/health/Health-Benefits-Of-Water-Blue-Water>
26. Vibrionics Manual for Senior Vibrionics Practitioners, Appendix A-5
27. http://cci-coral-club.okis.ru/file/cci-coral-club/knigi/FereydoonBatmanghelidj_Your_Bodys_Many_Cries_for_Water_eng.pdf
28. http://www.spiritofmaat.com/feb11/water_structuring.pdf
29. <http://articles.mercola.com/sites/articles/archive/2011/01/29/dr-pollack-on-structured-water.aspx>
30. <https://www.youtube.com/watch?v=Cm0l9O5E4YM>

2. A tribute to our translators

We dedicate and commemorate this section to some of our highly committed practitioners who have been tirelessly translating our vibro newsletters (and other materials) from English into their native language. It our heart-felt prayer that the readers draw inspiration from these examples of selfless and relentless pursuit of delivering extraordinary value to Swami's vibro mission.



Practitioner ^{00723...Bosnia} **(Croatian/Bosnian)** has been translating Sai Vibrionics newsletter since its very inception in 2010. Even before she became a vibro practitioner, she started translating different books on vibrionics, such as manuals and handbooks. She finds this to be a truly valuable experience for her. This has given her the opportunity to learn a lot about different diseases but most importantly, she has learnt a lot about health itself. In her own words "Thanks to my translating experience, I have also become a practitioner and I hope I will be able to serve Bhagawan through this Divine Instrument of Him even more.

Practitioner ^{01620...France} **(French)** has been an active translator since 2012. Being a certified vibrionics teacher, she has translated admission and teaching material as well as all the newsletters to date. The practitioner feels that she is better able to assimilate and appreciate the content in each newsletter as a direct result of spending copious time translating the material. Furthermore, every time she translates a newsletter, she feels as though she has been transported to Prashanti Nilayam. The portion she enjoys the most is the Practitioner Profiles section. She finds that it provides valuable company of her peers even though out of physical proximity. She expresses her deepest gratitude to Swami for offering her this seva.





Practitioner ^{02713...Austria} **(German)** has been an active practitioner since 2006 and has translated all the newsletters since inception. She finds translating newsletters both a fulfilling and a challenging task. The practitioner is filled with immense gratitude to Swami for letting her play a small role in His unfolding Mission. During the intense and meditative translation process, she feels His presence, constantly reminding her lovingly and with great clarity that He is the ultimate Doer. In her words: "Every newsletter is a testimony of His unconditional Love for all mankind. I would like to finish with one of my favourite quotes of The

Master Healer: 'Head in the Forest, Hands in Society'.

Practitioner ^{03108...Greece} **(Greek)** having qualified as AVP from Puttaparthi in September 2013, has witnessed many miracles with her patients, her family and herself. Two years ago, when she started translating the newsletters, she found this to be hard work because one has to be very precise about diseases and sometimes there is need for careful research in order to exactly understand the entire case. Nevertheless she felt this experience was really a blessing. In her own words, "After a bit of practice, you feel that you have entered even more into the vibro world. It's not just sharing a case but it's more like participating in the whole process. By being focused for hours on a newsletter, you understand better how this miraculous world works. And of course it's a fabulous way to learn more because each case is unique. I use other practitioners' experience to enhance my own treatment. So, my sole advice is: "Each newsletter is special and must be read again and again and again".



Practitioner ^{01588...Italy} **(Italian)** having trained in year 2000, soon started translating the Soham books on Natural Healing, moving onto vibrionics manuals and deep-diving into newsletters, starting with the very first issue published in September 2010. Her favourite section of the newsletter is the 'Case Histories Using Combos'. Reading about the incredible healings from so many diseases, has strengthened her faith and confidence in the extraordinary powers of the Master Healer, our beloved Lord Sri Sathya Sai Baba. She dubbed our video "What is vibrionics?" in Italian and found it to be an enlightening experience. She says "I express my sincere gratitude to Swami and I look forward to doing more translation work in the future".

Practitioner ^{02779...Japan} **(Japanese)** has been translating our newsletters ever since their inception. He personally feels strongly that he has benefited a great deal from the translation seva. It helps him in his practice by increasing his knowledge of technical terms and by sharpening his translation skills. Above all, he has derived powerful inspiration from practitioners' experiences, Baba's words, and Dr Aggarwal's mentorship. The practitioner reports "I believe this seva is indeed such Divine grace that it endows us with spiritual energy and stamina so that we can go incessantly forward towards the goal."



Practitioner ^{02150...Poland} **(Polish & Russian)** has been actively translating our vibro materials into Polish since 2001. When our Russian practitioner ^{00004...Canada}, who translated all newsletters until Dec 2015, could not continue due to other commitments, he took over the job of Russian news also. He finds the translation seva has been particularly useful in keeping him abreast on the latest developments in vibro as well as the proceedings of various vibro events around the globe. The practitioner draws his daily dose of inspiration by reading Swami's thought and quote of the day. He says "I am very happy that Swami chose me as an instrument of His work."



Practitioner ^{02308...Slovenia} **(Slovenian)** has been practicing vibro for 15 years. She undertook translation of all study material right from the beginning and has of course translated all the newsletters too. She finds practicing vibrionics and translating to be mutually beneficial and she expresses her appreciation and gratitude for both activities. Her inspiration for this seva came when during darshan, Swami gave a deep look into her eyes. This changed her life into one of sincere service and dedication to healing and helping others, especially through Sai Vibrionics.

Practitioner ^{02678...Spain} **(Spanish)** proceeded on his heavenly journey in Dec 2016 at the age of 81. He started his vibro practice in 2003 and was instrumental in translating our manuals, training modules, and all newsletters to Spanish since 2009. He is greatly missed!



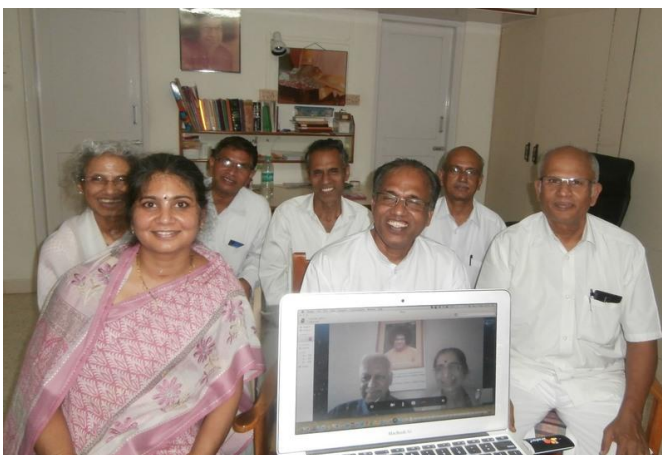
Practitioner ^{11567...India} **(Telugu)** has been translating and coordinating translation work of newsletters into Telugu for over a year. He feels blessed and privileged to do this work as he feels this really helps those patients who want to use vibrionics remedies, but are unable to understand this method of healing due to language constraints. While doing this work, he has experienced many times Swami's divine assurance "If you do my work, I will look after your work". He is supported in this work by

Practitioner ^{15568...India} who is a recent and ardent addition to our vibrionics family. She finds the translating work truly inspiring and helpful to her personally; for example, she came to know of Ho'oponopono which helps her enormously in her daily life. She feels she connects with Swami when translating the section, "Divine Words from the Master Healer", and she expresses gratitude to Him for this seva.



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3. AVP workshop in Puttaparthi 17-21 March 2017



The first AVP workshop for 2017 at Puttaparthi was conducted by two experienced **teachers** ^{10375 & 11422} from 17th to 21st March for five participants from the states of Kerala, Tamil Nadu and Telangana.

The participants were taken carefully through the core contents of each of the chapters of AVP manual supported by practical examples. Participants were given hands-on training to interact with patients, to record patients' details, to make remedies, and to prepare case history of a successful case. The significance of the mentoring system was explained along with the importance of prompt monthly

reporting as per the format given in the oath before Swami. There were highly interactive skype sessions with Dr Aggarwal on all 6 days including the eve of the start of the course. He guided them on the right approach for practice and how to deal with patients with compassion and understanding without getting carried away by expectation or anxiety over the outcome of treatment. He also shared his beautiful experiences with Swami and the guidance he received from the Healer and the Guiding Light for all practitioners. The teachers felt such skype interactions gave them further information and the students' many queries were answered.

All the participants passed the test with flying colours and left Puttaparthi with firm resolve and enthusiasm to embark on their journey of Sai Vibrionics practice.



4. Practitioners' meeting in Hyderabad, India - 26 March 2017

All 14 active practitioners from Hyderabad participated in a highly interactive meeting hosted by **Practitioner⁰⁰¹²³** on 26 March 2017. The participants shared their experiences, their methods of practice and useful combos.



The host reiterated that during his 22-year journey with vibrionics, he had learnt many lessons which he recapped for the benefit of the group. Serving without any expectation or reward and treating patients with love and sincerity were the most important. We have to be welcoming, kind and tolerant to patients and for practitioners, it is important to take care of their own physical, mental and spiritual health. The group appreciated the mentoring system initiated recently and the senior practitioners regretted that they missed this kind of guidance in the early years of their practice. Now they decided to network themselves through electronic media to share their knowledge, experience and cases for their continuous development. **Practitioner¹¹⁵⁶²** offered to develop

a five minute video on human anatomy for circulation

Later in the afternoon, there was a skype interaction with Dr Aggarwal. He reminded the group that energy flows when there is **loving** interaction between practitioner and patient. Any remedy will work if we administer it with "LOVE" as Swami is the one who heals our patients. The meeting ended with a unanimous consensus of regular and frequent workshops. All left the meeting charged with renewed resolve to delve deep into their vibrionics seva.

Om Sai Ram

Sai Vibrionics. . . towards excellence in affordable medicare - free to patients